

Every Day:

Women

8:30 Meditation 9:15 Gathering Circle
 Ash)
 10-11:30 Morning Programs or Activities
 12:00 BYO Lunch
 1-2:30 M,T & Th Afternoon Activities

The Center for Wisdom's

97 Blake St. (between Pine and

513-3922
 www.widomswomen.org

February 2012

	Mon close at 3:00	Tue close at 3:00	Wed close at noon	Thu close at 3:00	Fri close at noon
	Every Mon. 10:00 Marvelous Monday Morning Munchies	Every Tues. 9:30 Megan NHL 11:30 Poetry Lunch with Amanda	Every Wed. Counselling Intern Emily	Every Thurs. 9:30 Healthy You! USM Nursing Interns 12:00 Button Quilting w/ Florence	
<p>10-11:30</p> <p>1:00-2:30</p>	<p><i>Quote of the Month:</i></p> <p>The best and most beautiful things in the world cannot be seen, nor touched...but</p>		<p>1 CRAFT Sarah S</p> <p>12:15-1:15 AI-Anon</p>	<p>2 Painting Dot</p> <p>Dear Diary</p>	<p>3 Healy Terrace Open House/Tour</p>
<p>10-11:30</p> <p>1:00-2:30</p>	<p>6 Writer's Workshop</p> <p>Valentine Card Making</p>	<p>7 Wise Women Stories</p> <p>1-2:00 Wisdom Cr Sarah Wood</p>	<p>8 Scrapbking Tammie</p> <p>12:15-1:15 AI-Anon</p>	<p>9 Storm Safety Program</p> <p>Snow Woman Pins Anne</p>	<p>10 Singing w/ Linda at the piano!</p> 
<p>10-11:30</p> <p>1:00-2:30</p>	<p>13 Writer's Workshop</p> <p>L.O.L. Bonnie</p> 	<p>14 Wise Woman Cooking Club w/ Denise</p> <p>VOLUNTEER CELEBRATION!</p>	<p>15 CRAFT Sarah S.</p> <p>12:15-1:15 AI-Anon</p>	<p>16 Painting Dot</p> <p>SARK</p>	<p>17 Strong Woman Movie</p>
<p>10-11:30</p> <p>1:00-2:30</p>	<p>20 CLOSED Holiday</p> 	<p>21 BINGO</p> <p>1-2:00 Wisdom Cr Sarah Wood</p>	<p>22 Scrapbking Tammie</p> <p>12:15-1:15 AI-Anon</p>	<p>23 Clothing Give-a-way</p> <p>Co-Dependent Conversation</p> <p>Cake Bake?</p>	<p>24 Birthday Party & Games</p> 

10-11:30	27 Writer's Workshop	28 USM/LA Art Museum Trip	29 LEAP YEAR PARTY! Brunch! History of our building! Stories! And More!	COMPANIONS Thurs. Feb 16 3:00 at CWW	ADVISORY BOARD: Fri. Feb 17, 12:00-1:30
1:00-2:30	12:00-2:00 Inner Spirit Pam Beliveau	Wise Woman Cooking Club w/ Klara and Amanda	12:15-1:15 Al-Anon		COMMUNITY COUNCIL: Wed. Jan 11 11:15-12:00
Volunteers	MONDAY Desk: Bonnie Jo Companion: Pat	TUESDAY Desk: Bonnie Companion: Kathryn	WEDNESDAY Desk: Missy Companions: Sarah, Claire	THURSDAY Desk: ? Companions: Pat, Anne	FRIDAY Desk: Louise Companions: Linda & Carol

HIGHLIGHTS

Fri. Feb 3rd HEALY TERRACE Ribbon Cutting, Open House and Tours 10:00.

This is THE BIG EVENT! See information posted at the Center. Our space will also be open for tours.



Tues, 14th 10:00 WISE WOMAN COOKING CLUB with Denise – The group will be preparing sweets and treats for the annual Valentine Volunteer Thank You party that begins at noon.

And at **12:00 WE LOVE OUR VOUNTEERS! A Valentine Celebration** This is an annual special event to thank all volunteers for their generous gift of time. Did you know that in 2011, around 20 volunteers each week, worked 719 times for 2593 hours!? Now THAT is something to celebrate!

Thurs the 23rd 10:00 WHAT IS CO-DEPENDENCY? Is anyone in your life addicted to alcohol or drug or...? Come talk about it with Lise Pellitier! Learn how to cope and make your life better.

Tues the 28th 10:00 FIELD TRIP to USM/LA College Atrium Art Gallery – To see the new exhibit called “The Inspired Hand” that features the biennial exhibit of the Maine Craft Association. Sign up and information at the Center.



Thurs the 16th at 1:00 What is SARK?
Being Creative! Try it out!

Wed the 29th LEAPIN’ LIZARDS! IT’S LEAP Y
We will have brunch and a morning of stories in the presentation from Marguerite Stapleton about the History of our building – now called Healy Terrace!



OUTREACH & FUNDRAISING UPDATES

Could you, would you help keep the Center open?

...**Any day** you can help make **Wisdom Boxes**.

We are now making love themed boxes for Valentines sales.

Can you help sell them at the Winter Farmers Market?

...**Outreach** Spread the word, invite new women to come to the Center.

We have small cards you can keep in your pocket and give to women who don’t yet know about us!

OTHER OPPORTUNITIES FOR SELF NURTURE:

ONGOING: BYO LUNCH & LEARN

Tuesday - Empowering Poems with Amanda, our Bates Student Intern! She’ll bring a poem.

We read & talk about it, and perhaps illustrate them or write our own.

Thursdays– Quilting with Florence - Learn to make a button/rosette quilt! Or table runner, place mats, vest...

27th Inner Spirit with Pam! – A safe & confidential time to share your deep questions about life!

7th & 21st Wisdom Circle with Sarah! Build your self esteem & confidence for making positive life choices.

NUTRITION CENTER PROGRAMS

ADULT COOKING CLASS Feb 15th 5:30-7:30 Sign up at the Center!

WINTER FARMER'S MARKET Feb 16th 5-7:30 - Pick up a flyer at the Center!

NEW monthly events at TRINITY! FREE!

DRUM CIRCLE- 12th Second Sundays @ 4:00 With Jessie Kendall. Instruments available, beginners welcome!

OPEN MIC – 23rd Last Fridays @ 6:00 With singer songwriter Denise Dill. Your chance to share and shine!